







The TechnoSpine TLSO-Scoliosis Brace has been specifically developed to reduce postural imbalance and pain in Scoliosis patients.

The brace is designed to overcome the long-standing e°ects of Adolescent Idiopathic Scoliosis by facilitating dynamic postural improvement into adulthood. It can also be used for DeNovo Scoliosis.

The ultimate aim of any postural improvement being to;

- Reduce Pain
- Improve Posture
- Improve Mobility
- Reduce Progression

Thus reducing high-cost and high-risk painkillers and surgery.

The pace and amount of improvement in an individual patient's posture and pain, both during brace wear and carryover after brace use, very much depends upon the rigidity of the spine and amount of degenerative change, which is linked to the type of scoliosis and the patient's age.

Scoliosis in adults may be present due to Adolescent Idiopathic development in childhood or De Novo degenerative development in later life (typically age 50+). Prevalence of the two forms vary significantly with age, De Novo being the most common in adults age 60+; estimated to range from 25-30% in this age group.

Pain is by far the most significant issue for De Novo scoliosis patients, however pain may also be a significant issue for much younger patients with poor posture and pain related to Adolescent Idiopathic Scoliosis; both may benefit from using the TechnoSpine TLSO-Scoliosis Brace.

Long term research_{1,2,3,4}, into adult scoliosis has somewhat surprisingly shown that the level of pain experienced by patients has no direct correlation with Cobb magnitude. Postural imbalance in the coronal and sagittal plane does, however, have a high correlation with the level of pain.

Whilst poor posture may intuitively appear to play a part in back pain, it is only in the last 10 years or so that improved scientific understanding has enabled us to design an e°ective modular brace that is customisable to specifically target the most relevant spinal region and plane of motion for individual patients.

References:

- 1. "Adult Scoliosis A Quantitative Radiographic and Clinical Analysis", Schwab et al. Spine 2002
- 2. "Correlation of Radiographic Parameters and Clinical Symptoms in Adult Scoliosis" Glassman, et al. Spine 2003
- 3. "Natural History of Progressive Adult Scoliosis" Marty-Pourmarat et.al. Spine 2007
- 4. "Scoliosis in the Elderly: A Follow-Up Study" Robin et al. Spine: July-August 1982





A "Posture Type" chart is used to identify the correct patient specific brace configuration. TechnoSpine defines Posture Types (A-H), which cover the most common posture types associated with Scoliosis. Selecting the most appropriate Posture Type and its associated brace configuration is possible by postural evaluation alone. Further confirmation may be achieved by evaluation of radiographs if available.

TechnoSpine TLSO-Scoliosis Braces are available in 3 sizes that are adjustable to fit most patient sizes (32"-56" Hip) and are supplied in a generic non-specific kit form.

Following one of three simple postural evaluation methods, Posture Type selection can be made referencing the brace indications chart. Comprehensive step by step professional fitting instructions are provided for customising the brace.

The resulting fully customised TechnoSpine TLSO-Scoliosis Brace will specifically target the individual patients' spinal imbalance, improving posture, reducing pain and improving quality of life.

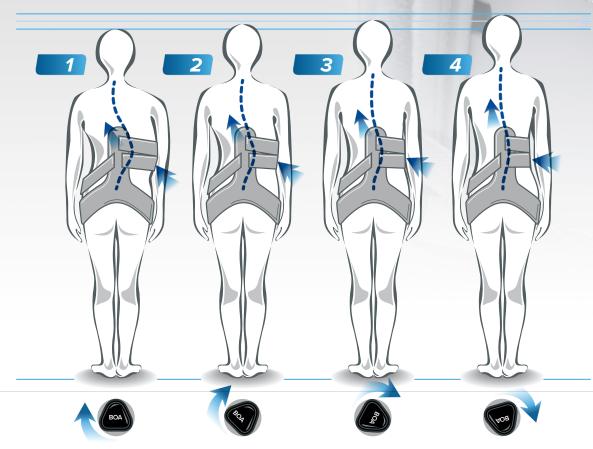
How it works...

The sequence below shows postural improvement achievable over time, in patients treated with TechnoSpine TLSO-Scoliosis Brace.

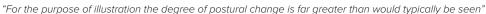
Typically

Small changes in Posture → Large Reduction in Pain

Large Latero
Pad
comfortably
improves spinal
realignment

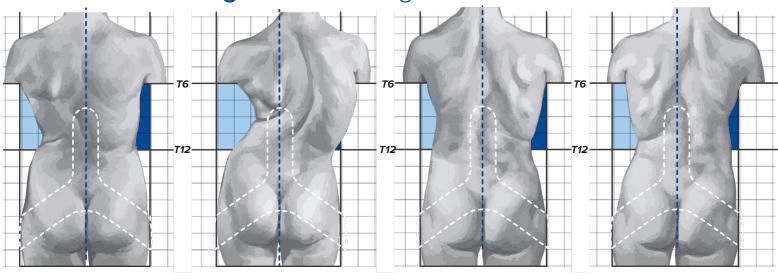


In the case of a flexible right thoracolumbar scoliosis (shown in the diagram opposite), a reduction in the right lateral shift of the thorax together with elongation of the trunk may be achieved. Some degree of postural change is possible in the majority of patients over time, resulting in lasting improvement of coronal imbalance. In turn such postural improvements will provide some degree of pain reduction in most patients.



TechnoSpine TLSO-Scoliosis Brace Posture Types

Indications - right brace configuration



POSTURE TYPE A

Thorax T6-T12 Moderate -Significant **Right Imbalance** Relative to hips

(Typically associated with Right major lumbar & thoracolumbar curves with or without minor Left thoracic curve)

POSTURE TYPE B

Thorax T6-T12 Significant Right Imbalance Relative to hips

(Typically associated with Right major Thoracic curves with or without minor Left Lumbar curve)

POSTURE TYPE C

Lower Thorax T6-T12 Slight -Moderate Right Imbalance Relative to hips

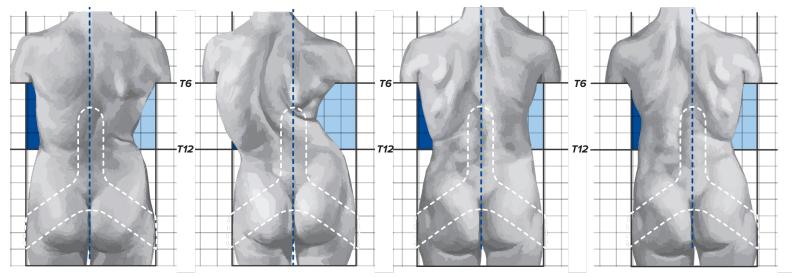
(Associated with major double curves. Example illustrated Right Thoracic Left Lumbar)

POSTURE TYPE D

Lower Thorax T6-T12 Slight -Moderate Right Imbalance Relative to hips

(Associated with major double curves Example illustrated Left Thoracic Right Lumbar)

Indications - left brace configuration



POSTURE TYPE E

Thorax T6-T12 Moderate -Significant Left Imbalance Relative to hips

(Typically associated with Left major lumbar & thoracolumbar curves with or without minor Right thoracic curve)

POSTURE TYPE F

Thorax T6-T12 Significant Left Imbalance Relative to hips

(Typically associated with Left major Thoracic curves with or without minor Right Lumbar curve)

POSTURE TYPE G

Thorax T6-T12 Slight -Moderate **Left Imbalance** Relative to hips

(Associated with major double curves. Example illustrated Left Thoracic Right Lumbar)

POSTURE TYPE H

Thorax T6-T12 Slight -Moderate **Left Imbalance** Relative to hips

(Associated with major double curves Example illustrated Right Thoracic Left Lumbar)







Clear step-by-step fitting instructions included

Sizing

Measure full circumference at widest point of hips

Size	32″ ← ⊢	Overall Depth*			
Small	32"-40" (813mm-1016mm)			6" (152mm)	15 ₁ / ₂ " (394mm)
Medium		40"-48" (1016mm-1220mm)		7" (178mm)	17" (432mm)
Large			48"-56" (1200mm-1422mm)	8" (200mm)	18" (457mm)

 * NB. Overall depth is from top back edge of brace to lower edge of trochanter pads





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SO-SCOLIOSIS BRACE